



How do I get the best results from my treatment with Arestin®?

- Avoid touching the treated areas.
- Wait 12 hours after your treatment before brushing teeth.
- Wait 10 days before using floss, toothpicks, or other devices designed to clean between the treated teeth.
- Avoid foods for 1 week that could hurt your gums.
- Don't chew gum or eat sticky foods.
- After 10 days, resume cleaning between the treated teeth on a daily basis.

Remember, you must do your part. After your Arestin® therapy, if you don't brush at least 2 times per day and floss every day, then any dental treatment of your gum disease will not work effectively.

---

If you have questions or concerns, please call the office so we may address them on a case-by-case basis.

**401 783-1530**